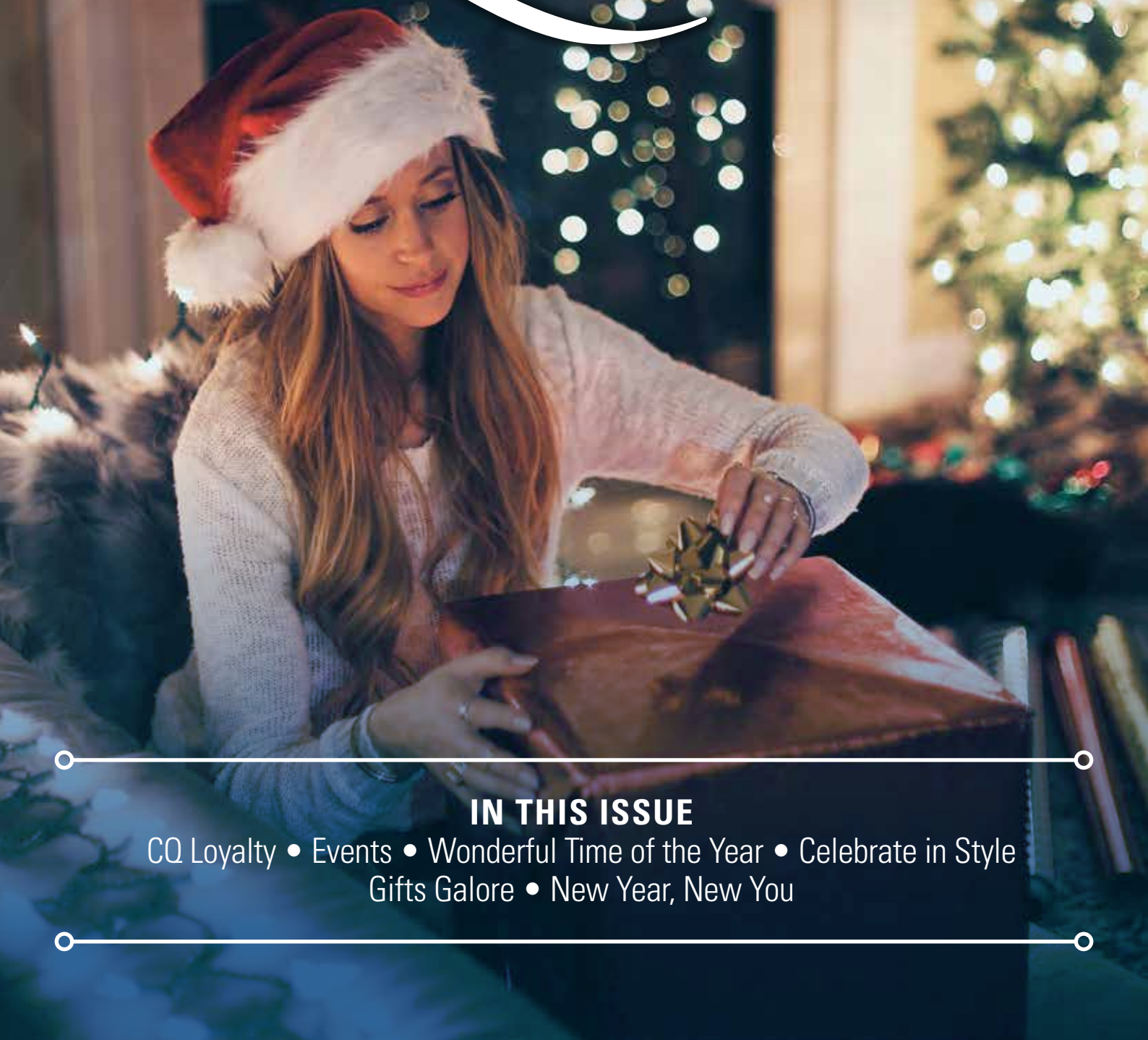


THE BEST OF CHRISTMAS IN CATHEDRAL
QUARTER
DERBY

COLLIFE

WINTER 2019



IN THIS ISSUE

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YOUR PERFECT DESTINATION THIS CHRISTMAS

DERBY CATHEDRAL QUARTER



Welcome to the winter edition of CQ Life – produced by the Cathedral Quarter Business Improvement District (BID) – to highlight the individual, diverse and inspiring heart of Derby city centre.

The Cathedral Quarter is home to over 500 businesses and is synonymous with a diverse range of premium shopping and designer goods with many shops offering well-known brands as well as items not available anywhere else in the city – perfect for finding that unique gift this Christmas!

To help prepare you for your Christmas celebrations you will find some of the best independent and national names in hair, health and beauty enabling you to feel fabulous for partying day and night in the myriad of cafes, bars and restaurants in the area.

With a host of fantastic cultural venues, as well as family-friendly street entertainment, there is always something happening in the Cathedral Quarter and, if your stay is for a weekend or even longer, the Cathedral Quarter has a great choice of hotels for you.

We look forward to welcoming you this festive season!

Businesses in the Cathedral Quarter have something for everyone at this special time of year:

- More than 100 places to eat and drink
- Over 40 specialist retailers with a high concentration of premium and designer brands.
- Nearly 50 hair, health and beauty salons
- A wealth of museums, arts venues, historical and cultural places of interest
- A packed programme of entertainment including free street entertainment that is organised or supported by the BID.

To find out more about what the Cathedral Quarter has to offer, please visit the website derbycathedralquarter.co.uk. You can also follow us on Twitter [@DerbyCQ](https://twitter.com/DerbyCQ), on Instagram [@cqrangers](https://www.instagram.com/cqrangers) and on Facebook [CathedralQuarterDerby](https://www.facebook.com/CathedralQuarterDerby).





YOUR LOYALTY REWARDED

Businesses across the Cathedral Quarter provide special offers and benefits for members of the CQ loyalty scheme.

CQ I Love loyalty cards cost just £5 and are valid until the end of February 2023. To buy the card and for details of all the current offers, please visit www.derbycathedralquarter.co.uk/loyalty-offers



SCAN HERE TO APPLY FOR YOUR CQ LOYALTY CARD AND SEE A FULL LIST OF CURRENT OFFERS.





A VERY MERRY CATHEDRAL QUARTER CHRISTMAS...

Cathedral Quarter Christmas Celebration

Join us for traditional, family-friendly festive entertainment across three stages in the Cathedral Quarter, featuring live music, choirs and brass bands! Locations include: Iron Gate, outside Derby Cathedral; Waterfall Stage, Market Place and The Strand, outside Derby Museum & Art Gallery.

**Saturday 30 November
& 21 December**

Throughout the months of November and December, the Cathedral Quarter transforms into a winter wonderland with streets adorned with festive lights and decorations.

There is an abundance of live outdoor entertainment throughout, suitable for all the family and sure to get you in the Christmas mood. As always, the Market Place will be a hive of festive activity with the all new interactive Christmas presents and festive tree on display throughout the Christmas and new year period. The Cathedral Quarter Christmas Celebration this year sees three stages around the Cathedral Quarter offering traditional festive entertainment whilst Peppa Pig will be making appearances at intervals on The Strand on Saturday 7 December – don't forget to bring your camera!

Activities galore

There are also a number of fantastic indoor venues all of whom have packed festive agendas providing entertainment for all the family. The Quad on the Market Place will be hosting Christmas film classics and exhibitions

whilst Deda has an eclectic mix of activities and entertainment which will appeal to a wide-ranging audience. The magnificent Derby Cathedral, standing proud at the top of Iron Gate, will be hosting atmospheric concerts and Christmas carol services throughout the festive season. There are activities galore at the Museum and Art Gallery, as well as fascinating exhibitions and workshops whilst Artcore on Albert Street, a new cultural hub at the heart of the city, will provide active engagement, clubs and exhibitions for a diverse range of communities.

Whatever your Christmas wish, there's something to keep everyone entertained in the Cathedral Quarter this Christmas.

On your visits to the city, don't forget to look out for shops and businesses decorating their windows in the theme of Christmas Past, Present or Future for the Window Wonderland competition.

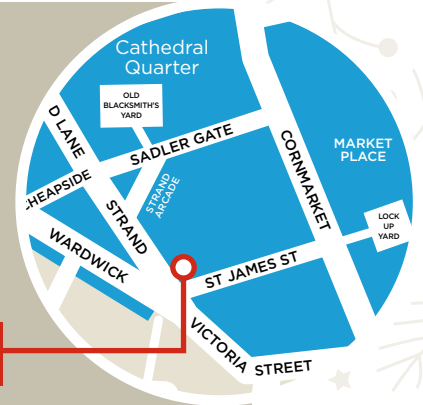


Cathedral Quarter Presents:

Peppa Pig

Join the excitement and snorts of laughter as the lovable Peppa Pig visits the Cathedral Quarter. Peppa will be making appearances at intervals between 11am and 3pm. Don't forget to bring a camera!

Saturday 7 December



Christmas Lights Switch On

Enjoy a variety of festive entertainment on the Market Place stage, leading up to the big switch-on event at around 6pm with a huge real Christmas tree.

**Saturday 16th November
from 3.30pm**



Derby Christmas: Past 'Presents' and Future

Derby's Christmas lights will take you on a journey to the future! In a first for the UK, four giant presents will be installed near the tree in the Market Place. They will perform a synchronised light and music show every 30 minutes. You'll be able to get up close and even walk through the presents as they 'perform'.

Throughout December on the Market Place



For further information on events and activities, pick up a copy of the 'Welcome to Christmas in Derby' leaflet from businesses and locations around the Cathedral Quarter.



WONDERFUL TIME OF THE YEAR

The Cathedral Quarter has everything you need to make this a magical time of the year – from fresh produce for the table to a special outfit for the big day.

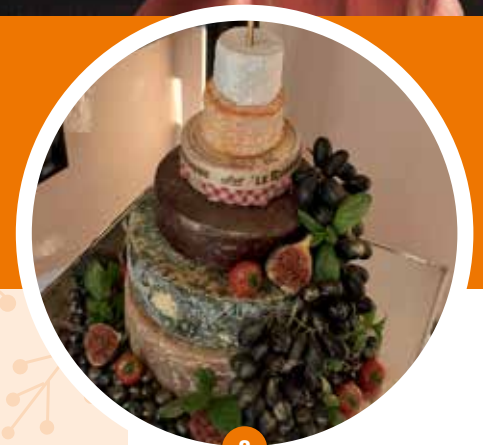
Fill your home with scented wreaths or festive flowers at one of our specialist florists and add more sparkle to your tree with unique decorations specially sourced by our independent boutique shops.

For fresh produce including locally reared meat, freshly caught fish, seasonal vegetables and even home-made ice cream – your destination of choice must be Derby Market Hall where many of the businesses have been serving generations of discerning customers.

Here is some inspiration for making special Christmas memories whether you are celebrating at home or visiting family and friends.



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Fresh Fayre

How about a smoked salmon starter or lobster as a turkey alternative on Christmas Day? **S. Bailey** in the Lock Up Yard at the Market Hall have a huge range of seafood and fresh fish which they cut and fillet to order.

- 1 S. Bailey Fish
- 2 Milk & Honey Deli
- 3 Aga Cookshop



AGA Oven to Tableware

AGA in Queen Street have launched a new range of stacking casseroles – designed and made by Portmeirion in a classic white style. The casseroles stack snugly on top of each other in the AGA ovens and are ideal for festive bakes, chilli and even soda bread. Also in store are the new Christmas chefs' pads in two festive designs. Coated with protective acrylic – a quick wipe with a damp cloth will remove the inevitable splashes of a busy AGA kitchen.

Deli Delights

Let **Milk & Honey Deli** in Sadler Gate help you impress your family and friends this Christmas with cheese, charcuterie, patés and condiments all chosen with your gastronomic celebrations in mind.





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Signature Cocktail

Cosy Club in Victoria Street is renowned for its delicious cocktails and have shared with CQ Life readers a special recipe for a cherry bakewell winter warmer to enjoy at home.

1. Fill your glass with ice to make sure the glass is cold before filling, as this will keep your cocktail chilled and refreshing for much longer
2. Mix 37.5ml Amaretto, 12.5ml Mount Gay rum, 25ml Sweetbird caramel syrup and 2/3 of a bottle of cherry juice together in a boston tin
3. Shake hard (the harder you shake, the more foam you get)
4. Simply strain your mix into your glass over the ice
5. Garnish your delicious cocktail with two glacé cherries on a bamboo stick. Add a reusable straw if needed



Delicious Doughnuts

Dazzle family and friends at the buffet table with a selection of fresh, handmade doughnuts from the popular **Doughnotts** in Sadler Gate. With an ever-changing array of flavours, toppings and even vegan options, they are sure to be a hit with guests of all ages.

Festive Wardrobe

When all the preparations are complete, it's time to don that special Christmas outfit to celebrate the day and the style team at **Young Ideas** in Iron Gate have just the outfit and accessories to make your day.

Traditional Fun

The table is cleared and everyone is ready for some traditional family games so a visit to **Poyntons News** in the Market Hall is just the ticket to find something for all

the generations to enjoy together including jigsaws, models and even sweets for the winners!

Silent Night

When all is quiet and the guests have gone, snuggle up and take time out to relax in beautiful nightwear – courtesy of **White Stuff** in Sadler Gate.

- 4 Doughnotts
- 5 Cosy Club
- 6 White Stuff
- 7 Georgio Reggiani
- 8 Poyntons News
- 9 Young Ideas



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Ultimate Style

Whether you are planning to dress up for Christmas Day or dine out with family and friends, Remus Uomo at **Giorgio Reggiani** in Sadler Gate is the ultimate in design-led, formal tailoring and off-duty casuals for men who take a serious attitude towards fashion.



CELEBRATE THE FESTIVE SEASON IN STYLE

However you plan to celebrate the festive season, look no further than the Cathedral Quarter.



Get ready for a special night out with a sparkling new outfit and dazzling accessories and treat yourself to a spot of pampering at one of our top salons.

Choose from a wide choice of places to eat and drink whatever your palate or pocket or enjoy a film, show or group activity.

Whatever you decide, you can visit the Cathedral Quarter safe in the knowledge that the city centre is recognised with Purple Flag status as a diverse and inclusive destination.

Among those who are firm fans of everything that the Cathedral Quarter has to offer is Sharon Jeffery (pictured), Marketing Manager at **Timms solicitors** in Queen Street.

She said: "Having our office located in the heart of the city centre is particularly great at Christmas time. We not only have all the best bars and restaurants on our doorstep to choose from for the office party but it is also a bonus at this time of year to be able to have everything I need for the evening out.

"This year, I will be blocking out an hour to have my hair done at my favourite salon and I already have my eye on a gorgeous outfit at a local boutique as a Christmas present to myself!"

STYLISH SUPPORT

Young Ideas not only have a vast selection of premium brands, their personal shopping service is invaluable whether you are looking for a special party outfit, complete wardrobe update or the perfect fit jeans.



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SPOT ON

Ensure you are pristine and raring to go for the Christmas party season with a visit to The **Beauty Spot** in Sadler Gate – the local pioneers of electrolysis and permanent hair removal who also offer a wide range of beauty treatments.



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SPICE UP YOUR CHRISTMAS

Bookings are now being taken for the famous Christmas party menu at the **Spice Lounge** in Friar Gate with a choice of starters, main courses and drinks options – making it a popular venue for smaller groups or larger parties.

COLOUR AND STYLE

Deesh Dhindsa salon in Strand Arcade specialise in balayage, colour and hair extensions – a must for the party season.



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DAPPER LOOKS

Gents – if you're late to the grooming party and looking for a little assistance to help you create your own style, pop into **The Dandy Gent** in Iron Gate for a haircut and whisker groom – leaving you preened and ready to party.



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- 1 Young Ideas
- 2 Beauty Spot
- 3 Spice Lounge
- 4 The Dandy Gent
- 5 Deesh Dhindsa



EPIC NIGHT OUT

The **Palfrey** restaurant and bar in Old Blacksmith's Yard will celebrate New Year's Eve with a Titanic-themed evening complete with live music, great food and drinks packages.



1

NEWCOMER DELIGHTS

Incognito Dining has arrived in the Cathedral Quarter – serving a vibrant and fresh modern menu every Friday and Saturday evening at **Elements Tea and Coffee House** in Victoria Street.

The carefully-crafted eight course menus change frequently in order to make the most of local produce.

MOUTH-WATERING FAYRE

Cosy Club in Victoria Street have launched a new fabulously festive menu. Starter choices include a sharing platter, mini smoked salmon fishcakes or Norfolk turkey and Smoked Bacon Pie on the tempting mains menu.



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- 1 The Palfrey
- 2 Cosy Club
- 3 Incognito Dining
- 4 The Old Bell Hotel
- 5 CUBE café|bar
- 6 Derby Museum & Art Gallery
- 7 QUAD
- 8 Unescapable
- 9 The Escape Room Guys

MASQUERADE MAGIC

Derby Museum and Art Gallery will be transformed into a winter wonderland for a series of Christmas Masquerade parties on December 6, 7, 13 and 14. The glamorous evenings will include music and a delicious fine dining menu from local celebrity chef Ralph Skripek.

FITTING TRIBUTE

The Flowerpot on King Street sees the return of festive favourite tribute acts Slade UK (Slade), The Rollin' Stoned (Rolling Stones) and Fleetwood Bac (Fleetwood Mac) as well as top original rock and blues acts Dr. Feelgood and Chantel McGregor.

CHARACTER FUN

The Old Bell Hotel in Sadler Gate is offering four different themed experiences this December: Scrooge – A Christmas Dinner; Only Fools – The (cushty) Dining Experience; Tales as Old as Time afternoon tea; Oliver with a Twist and the inimitable Faulty Towers Dining Experience.



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Photo: Terry Mendoza

CABARET AT CUBE

The packed programme at **CUBE café|bar** in Chapel Street includes the popular LaDéDa Christmas Cabaret which returns this December with a range of packages from standard tickets to a naughty but nice Christmas buffet and exclusive pre-show entertainment.



6

ESCAPE FROM REALITY

For the more adventurous groups – the Cathedral Quarter's **'Unescapable'** in the Wardwick and **'The Escape Room Guys'** in Iron Gate offer group activities with a difference. Challengers are locked in a specially-themed room and can only escape by using logic, skill and communication.

Unescapable currently have three rooms with another due to open soon and the "Edith" room has won a national Scare Award.

Meanwhile, The Escape Room Guys offer three different challenges ranging from a bank heist to finding a cure for a fatal pandemic.



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CINEMA DELIGHTS

Holiday highlights on **QUAD's** December programme include Elf, Frozen 2, Die Hard/Die Hard 2 double bill, the Christmas classic It's a Wonderful Life, Last Christmas and Kenneth Branagh's The Winter's Tale. Brand new films to look out for this Christmas at QUAD include the finale to the new Star Wars trilogy - Star Wars: The Rise Of Skywalker, Greta Gerwig's adaptation of Little Women and Tom Hooper's adaptation of Andrew Lloyd Webber's musical Cats.



PLAN A CATHEDRAL QUARTER DAY OUT FOR GIFTS GALORE



Rather than waiting in for online deliveries and having to return a disappointing purchase, enjoy a relaxed day Christmas shopping in the Cathedral Quarter where you are sure to find special gifts – whether quirky and unusual or by a top designer label.

Jade Devall (pictured) at **Design 44** in Sadler Gate is one of the many independent shop owners here who take pride in going the extra mile for customers.

She said: “Shopping in person means that you can really see and touch what you are buying to ensure you get the right gift rather than relying on an online picture or description.

“The Cathedral Quarter also has a huge choice of eateries to make Christmas shopping even more of a relaxed and enjoyable experience.

“Visiting the Cathedral Quarter means that you are supporting local entrepreneurs with profits ploughed back into the local area.

“As an independent, local shop, we also have the flexibility to find new trends and introduce

new items every week so that there is always something different to explore.”

Local jeweller **Michael Hall** in nearby Cheapside added: “You really need to see jewellery and particularly stones in person to appreciate the clarity and that is why our customers visit the Jewellery Workshop in person.

“The same can be said for many gift items and you can’t beat touching and feeling something before you buy a special item.”

1



Luxury Lingerie

Treat the lady in your life to stunning lingerie from **Can Can** in The Strand including premium brand Wacoal which specialises in beautiful lace with exceptional fit and quality making.

Dandy Gifts

Barber and grooming products specialists **Dandy Gent** have expanded their range of men's beard, shaving and skincare products with two new sensual colognes – Topper and Gambler.



Retro Style

80s Casual Classics in Sadler Gate hit the spot for trainers this Christmas with exclusive and original styles from the likes of Lacoste, Lyle and Scott and Pretty Green to sports retro brands such as Adidas, Fila, Ellesse and Sergio Tacchini.



Designer Heaven

Choose from an array of designer-led gifts at **Design 44** in Sadler Gate including homeware, jewellery, fashion, prints and children's gifts.



Reel Choice

QUAD's Christmas Shop in the Market Place has a great selection from hand-crafted gifts, jewellery, designer items for the home as well as books and quirky presents for kids and film fans.

- 1 Design 44
- 2 80s Casual Classics
- 3 Can Can
- 4 Dandy Gent
- 5 QUAD



1

White Christmas

There's something for all the family at **White Stuff** in Sadler Gate from trinket trays to wallets.



2

Burning Bright

Look out for Laboratory Perfume's debut fragrance Amber which is available as an eau de toilette or candle at **Canopy's** new shop in Sadler Gate.



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Timeless Quality

The **Mecca** in the Market Hall are not only long-established watch repair specialists, they are a veritable treasure trove of gifts including silver and semi-precious statement jewellery.

Antiques in the Quarter

Whether you are on the look-out for Royal Crown Derby classics or retro and quirky pieces for your home, a visit to **Antiques in the Quarter** in Queen Street will never disappoint.



5

BEAR Experience

BEAR's gift card is the perfect present for someone who values experience rather than 'stuff' with delicious daytime and evening drinks and food menus at its popular Iron Gate venue.

Heavenly Delights

For the foodie in your life, head to **Milk & Honey Deli** in Sadler Gate whose hampers, gifts and quirky stocking fillers are sure to delight.

Limited Editions

The Anvil Gallery in Old Blacksmiths Yard have introduced a range of limited edition bronze resin versions of much larger sculptures by artist April Young.

Bespoke Beauty

The **Michael Hall Jewellery Workshop** in Cheapside specialises in rare and exceptional gemstones of a colour and clarity not often found on the high street and can design and craft bespoke pieces for a truly unique gift.



6

Hit the Right Note

Foulds Guitars in Strand Arcade have everything for the musician in your life whether they are a beginner or professional – from guitars and ukuleles to recording equipment and accessories.

Premium Expertise

Watts 1858 are Derby's longest-established independent jewellers who buy, sell and part exchange jewellery and watches.



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- 1 White Stuff
- 2 Canopy
- 3 Mecca
- 4 Antiques in the Quarter
- 5 BEAR
- 6 Milk & Honey Deli
- 7 The Anvil Gallery
- 8 Foulds Guitars
- 9 Watts 1858
- 10 Derby Museum & Art Gallery
- 11 Wild Thistle



10

Let's MAKE Christmas

Back by popular demand, **Derby Museum and Art Gallery** in The Strand has a seasonal celebration of contemporary crafts from prints and ceramics to jewellery and textiles.



11

Stocking Socks

These lovely Bamboo socks are among the range of perfect women's clothing and home accessory stocking fillers at **Wild Thistle** in Iron Gate.

NEW YEAR

NEW YOU

Once the festive season is over and the New Year's Eve champagne corks have popped – many of us brace ourselves for the New Year and resolve to make a change for the better in some aspect of our lives.

Here is some advice and ideas for resolutions from Cathedral Quarter businesses.

Also, visit the Cathedral Quarter website for details of businesses who can support you to make a change in your life whether that is to find a new job, boost your skills, clean up your legal affairs or finances, support a good cause or expand your horizons.

IMPROVE YOUR FITNESS

Robert Smith at **RS Sports Therapy** in King's Chambers says that, by ditching the excuses and adopting these three top tips, it is far easier to keep your fitness routine on track.

Do it for yourself and exercise because you love it. That way you are far more likely to stay in it for the long run.

Take baby steps rather than going full pelt straight away – leaving you sore, tired and disillusioned. Aim for something that's realistic as a first step and then gradually build from there.

Bring a friend as it's easier to bail out on the gym than on the friend who waits for you there. Studies show you'll also work out longer when you have a pal.

- 1 RS Sports Therapy
- 2 Déda
- 3 Foulds Music
- 4 Gather & Grace
- 5 Willow Sports Centre
- 6 Breathing Space

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2

STRICTLY INSPIRATION

Déda in Chapel Street has a class programme specially designed for all ages and abilities which is the perfect way to brush away the winter blues including weekly Tango, Ballroom and Rock 'n' Roll classes.



3

LEARN SOMETHING NEW

Have you always dreamed of playing a musical instrument but never got round to it? This New Year strike the right chord with **Foulds Music** in Iron Gate where you can rent any instrument – from trombones to pianos.

TEAM PLAYER

Team sports are great for increasing your activity levels and making new friends and **Willows Sports Centre** in Willow Row offer fantastic five-a-side football and Futsal facilities with leagues to suit all standards seven days a week.



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STRETCH YOURSELF

Improve your health and wellbeing at the **Breathing Space** yoga studio in George Street. Yoga classes are available from early morning through to evenings and there are delicious and healthy breakfast and lunch menus prepared by fellow Cathedral Quarter caterers **Gather and Grace**.



www.peppapig.com



Saturday 7 December

Peppa Pig will be making personal appearances at intervals between 11am and 3pm

Location: 2 The Strand
(corner of The Strand and St James Street)



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CATHEDRAL QUARTER DERBY

INDIVIDUAL : DIVERSE : INSPIRING

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